

**011-23921401**  
**CALL THIS NUMBER TO PREVENT**  
**H1N1 FLU**  
**FROM SPREADING AND**  
**SAVE MANY LIVES.**

**Health Screening Card**  
**Influenza A [H1N1]**



सत्यमेव जयते

**Ministry of Health and Family Welfare**  
**Government of India**

If you have travelled from a country that has been affected by the H1N1 flu and show symptoms like **FEVER, COUGH, RUNNING NOSE AND DIFFICULTY IN BREATHING**, call our Outbreak Monitoring Cell, National Institute of Communicable Diseases on the above mentioned number.

Practice these habits to prevent the spread of Influenza A [H1N1]:



**COVER YOUR MOUTH WITH A HANKIE OR CLOTH WHILE COUGHING AND SNEEZING**



**WASH YOUR HANDS WITH SOAP FREQUENTLY BEFORE AND AFTER TOUCHING YOUR NOSE, EYES OR MOUTH**



**STAY AWAY FROM PUBLIC PLACES IF YOU HAVE FEVER OR YOU ARE COUGHING AND SNEEZING**



**COVER YOUR FACE WITH A CLOTH OR MASK AND VISIT A DOCTOR IF YOU HAVE ANY OF THESE SYMPTOMS:**

- FEVER • COUGH • SORE THROAT
- RUNNING NOSE • DIFFICULTY IN BREATHING



The list of the affected countries is being constantly updated on <http://www.who.int> and [mohfw.nic.in](http://mohfw.nic.in)

\*Countries that have been infected by the H1N1 influenza A virus: Argentina, Australia, Austria, Bahamas, Bahrain, Barbados, Belgium, Bolivia, Brazil, Bulgaria, Canada, Cayman Islands, UKOT, Chile, China, Colombia, Costa Rica, Cuba, Cyprus, Czech Republic, Denmark, Dominica, Dominican Republic, Ecuador, Egypt, El Salvador, Estonia, Finland, France, Germany, Greece, Guatemala, Honduras, Hungary, Iceland, India, Ireland, Israel, Italy, Jamaica, Japan, Korea, Republic of Kuwait, Lebanon, Luxembourg, Malaysia, Mexico, Morocco, Netherlands, New Zealand, Nicaragua, Norway, Panama, Paraguay, Peru, Philippines, Poland, Portugal, Romania, Russia, Saudi Arabia, Singapore, Slovakia, Spain, Sweden, Switzerland, Thailand, Trinidad and Tobago, Turkey, Ukraine, United Arab Emirates, United Kingdom, United States of America, Uruguay, Venezuela, Viet Nam and West Bank and Gaza Strip (countries updated from WHO website dated 17th June).

All persons coming to India from countries\* reporting human cases of Influenza A [H1N1] will fill up this proforma. You are requested to provide the following information to safeguard your own health.

**PERSONAL INFORMATION**

Particulars	Details
Name of the passenger	
Passport No.	
Flight No.	
Seat No.	
Date of Arrival	
Port of embarkation	
Port of disembarkation	

**CONTACT ADDRESS IN INDIA**

House No.

Street/Village

Tehsil

District/City

State

Pin Code

**TELEPHONE NUMBER IN INDIA**

Residence

Mobile

E-mail ID